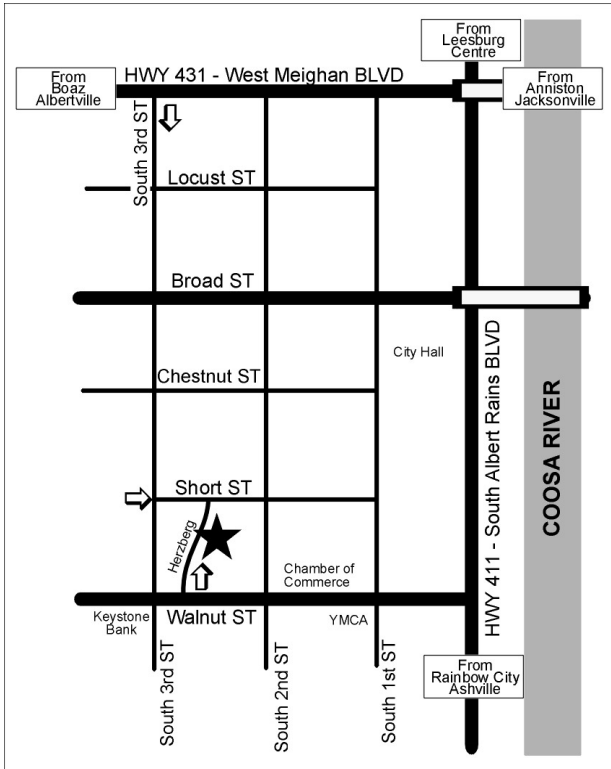


OT & Lymphedema Therapy
now in your neighborhood



Downtown-Gadsden, AL

We are located directly behind Observer Office Supply and Professional Opticians in downtown Gadsden. Though our building is located on Walnut Street. Our front door (Suite 2) faces Herzberg Street.

REACHING YOUR GOALS TOGETHER

**OCCUPATIONAL
THERAPY
OF GADSDEN
L.L.C.**

215 Walnut Street
Suite 2
Gadsden, AL
35901

**OCCUPATIONAL
THERAPY
OF GADSDEN
L.L.C.**

Regina H. Finlayson OTR/L, CLT
Occupational Therapist Registered/Licensed
Certified Lymphedema Therapist

**MEDICARE
BLUE CROSS BLUE SHIELD
WORKER'S COMPENSATION**

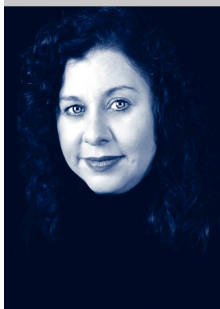
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Regina Finlayson OTR/L, CLT,



Gina is a Registered and Licensed 1987 graduate of the University of Alabama at Birmingham with a Bachelor of Science degree in Occupational Therapy (OT).

In March of 2005 Gina completed the Academy of Lymphatic Studies program and is now a Certified Lymphedema Therapist.

Occupational Therapy of Gadsden L.L.C. (OTG) began serving our community in July 2005.

Our Mission:

- › *To provide quality OT services with excellent outcome*
- › *To provide OT to the outpatient and the home bound population*
- › *To provide Complete Lymphedema Therapeutic Services*
- › *To provide dynamic hand therapy services*
- › *To provide OT to those with injuries or illnesses*
- › *To educate our community about OT services available*

OTG's services include:

Complete Lymphedema Therapy, hand therapy, community reintegration, cognitive functional development, work hardening, pre-employment/post hire screens, prosthetic/orthotic fitting and training, comprehensive evaluation of cognitive and functional mobility performance skills, wheelchair assessments, home and job site analysis. Customized treatment programs to improve the ability to perform daily living activities. Recommendations for environmental and/or personal use of adaptive equipment. Educate clients, families, and caregivers.

Occupational Therapy is the practice of providing skilled treatment to people with injury or illness. OT's specialize in determining the person's ability to function with in the complexity of their lives. Occupational Therapy helps individuals achieve independence and satisfying lives by providing opportunities to develop the skills for the job of living. An Occupational Therapy practitioner's educational background includes the study of growth and development with specific emphasis on the social, emotional, and physiological effects of illness and injury.



People who benefit from OT:

- › *Arthritis, Multiple Sclerosis*
- › *Burns, spinal cord injuries or amputations*
- › *Low vision, cognitive dysfunction*
- › *Broken bones, sports injuries*
- › *Injuries from falls or accidents*
- › *Wound care*
- › *Stroke or heart attack*
- › *Therapeutic massage*
- › *Work related injuries repetitive stress injuries*

Lymphedema is an accumulation of an excessive amount of fluid in tissues or organs resulting in swelling. Lymphedema is the swelling of subcutaneous tissue and skin as a result of the malfunction, removal or scarring of the lymph nodes or lymphatic vessels. These problems cause the lymph fluid to pool in the affected area with no way of relief.

Complete Lymphedema Therapy consists of manual lymph drainage, meticulous skin and nail care, decongestive therapeutic exercises and compression of the involved area. Occupational Therapy of Gadsden provides skilled intervention to care for individuals with primary and secondary lymphedema.

Primary Lymphedema develops when lymphatic vessels are impaired or missing, a rare inherent condition that can present itself at any point in an individual's life.

Secondary Lymphedema develops when vessels are damaged or lymph nodes are removed resulting from physical damage or interruption of the lymph system.

Secondary Lymphedema Risk Factors:

- › *Breast Cancer Surgery*
- › *Cancer Radiation Therapy*
- › *Cancer of the lymph nodes*
- › *Chronic Venous Insufficiency*
- › *Cellulitis / Lymphangitis*
- › *Filariasis*
- › *Abdominal Surgeries*
- › *Joint replacement*
- › *Rheumatoid Arthritis*
- › *Vascular Surgeries*
- › *Traumatic Injuries*